Applying the Something's Up Cycle

Stages

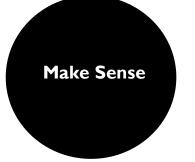
Questions to Guide Understanding



Describe the Something's Up What happened? How does each person feel?



Identify and Suspend Judgement What are the judgment and conclusions?



Step 1:

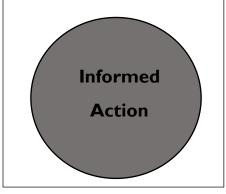
What is this about?

What did each person expect?

(What is their "normal?")

Step 2:

How are the expectations of each similar and/or different?



Information Action

What can be done to move forward?

- Short term
- Long term

Look for shared goals and adapt behavior: Individual – Is the action I need to take personal?

Group (Community, team, interpersonal) Action – Is there something I need to do

differently or put into action?

System: Is there something at the system level that needs to be reviewed? Does the system or process in place support the actions I feel