

SASKATCHEWAN YOUTH RESOURCES

SASKATOON PUBLIC SCHOOL EXTRACURRICULAR ACTIVITIES

ADEN BOWMAN COLLEGIATE

1904 Clarence Avenue South, Saskatoon

Ph. (306) 683-7600 Email: AdenBowmanSchool@spsd.sk.ca

- **Student Representative Council**—chosen by election or interview, and are responsible for planning activities such as pep rallies, fundraisers, and dances
- **Bear Ambassadors**—for students who wish to be involved in volunteering and representing Aden Bowman in the community. Some activities include selling school clothing, assist with open houses and Grade 8 orientation.
- **Yearbook**—open to all students, but those students with an interest in photography and computer design may particularly enjoy this club. Students will spend the year recording life at Aden Bowman in print and photographs.
- **Outdoor Education**—open to all grades, and allows students to be involved in the planning of different outdoor activities. This club includes a canoe trip and camping experience.
- **Fitness**—open to all grades, with a \$20 fee for the year. Work out times are available in the fitness room in the morning, at noon, and after school.
- **Gender Sexuality Alliance**—provides an opportunities for students to socialize and do fun activities in a manner that is inclusive of all sexual orientations, and gender identities and expressions.
- **Diversity Club**—open to all grades, with weekly meetings and opportunities to attend conferences that allow students to explore issues of equality. Some activities students can be involved in include Multi-Cultural Day and Mental Health and Wellness Day.
- **Robotics Club**—students are given the opportunity to work with 3D printers, and laser cutting to make their own robots that can be entered in the annual mini-sumo competition.

- **Skills Competition**—students can compete in the provincial skills competition in a wide range of areas including, but not limited to, graphic design, hair styling, video production, baking and carpentry.
- **Math Contests**—provides students with the opportunity to write the second semester math contest in their grade level, as well as monthly math contests at lunchtime.
- **Drama**—all students are welcome to audition for roles in the program, or may be accepted to work on projects backstage such as costumes and makeup, sets and props, and lighting and sound. There is one full-length production in the fall, and a musical or Youth Theatre production in the spring
- **Open Studio Art Club**—for students who wish to work on their own creative projects, or experiment with other materials and ideas. There is a \$10 fee per semester to join, and weekly meetings after school. There will be some student or teacher led projects, and opportunities to learn from guest artists and visit galleries and studios in Saskatoon.
- **Dance Club**—open to students with all levels of experience. This club practices twice a week and performs at pep rallies, Dance Showcase, and other events. Students can expect to learn dance technique as well as confidence and leadership skills.
- **Senior Jazz Ensemble**—students must audition in the first semester, and will meet weekly after school.
- **Athletic teams:** Junior/Senior Football, Junior/Senior Volleyball, Junior/Senior Basketball, Junior/Senior Badminton, Senior Soccer, Cross Country, Wrestling, Track Team, Curling, Cheerleading, and Golf.

BEDFORD ROAD COLLEGIATE

722 Bedford Road, Saskatoon

Ph. (306) 683-7650 Email: BedfordRoadSchool@spsd.sk.ca

- **Fine Arts Activities**—Art Club, Band, School Choir, Drama, Jazz Band, Variety Night, Musical
- **Sports**—Badminton, Basketball, Cross Country, Curling, Football, Golf, Pom Squad, Soccer, Track & Field, Volleyball, Wrestling
- **Other Clubs & Organizations**—Student Representative Council, School Newspaper, School Yearbook, Debate Club, Model United Nations, Robotics Club, Spanish Club, Hip Hop Club, Multicultural Festival, Philosophy Club, Book Club, Wichitowin, Tech Club, Drumming Group
- **English as an Additional Language Support Classes**—one-on-one assistance with learning English as an additional language. This class does not count as a course credit.

EVAN HARDY COLLEGIATE

605 Acadia Drive, Saskatoon

Ph. (306) 683-7700 Email: EvanHardySchool@spsd.sk.ca

- **Performing Arts**—students with talent in music, art and drama are given opportunities to perform for many different audiences.
- **Drama/Musical**—opportunities to be involved in musical and dramatic productions.
- **Band/Choir**—opportunities for students to be involved in a variety of different concert bands, jazz bands, and choirs which perform several times a year in festivals. Evan Hardy's musical ensembles are known for receiving top awards at the National Music Festival.
- **Sports**—volleyball, soccer, golf, cross country, football, basketball, badminton, curling and track & field.
- **Soul Ambassadors**—students are involved in volunteer work and leadership with the goal of making the community a better place. Activities include planning events and activities to involve newcomer students.
- **Culturescape**—provides students with the opportunity to learn about diversity and plan Evan Hardy's annual multicultural fair.
- **Media and Tech Club**—for students interested in learning about multimedia, audio, video and lighting. Students will have the opportunity to participate in filming for sporting events and other school activities, and operating backstage for theatrical productions.
- **Synchrotron Club**—open to Grade 11 and 12 students who are interested in science. Students are given the opportunity to work alongside a designated scientist and fulfill an experiment.
- **Student Representative Council**—elected by students, to plan activities that will benefit the school and community.
- **Charity Committee**—allows students the opportunity to be involved in organizing fundraising events and engage in weekly meetings.
- **Souls Source Newspaper**—meets weekly to produce Evan Hardy's digital newspaper.
- **Canoe Club**—gives students the opportunity to learn basic canoeing skills, and plan for excursions, and go camping and canoeing in various spots in Saskatchewan.
- **English as an Additional Language**—assists students with the development of skills in reading, research, note taking, and preparing for exams.

MARION M. GRAHAM

602 Lenore Drive, Saskatoon

COLLEGIATE

Ph. (306) 683-7750 Email: MarionM.GrahamSchool@spsd.sk.ca

- **Sports**—Cross Country, Volleyball, Basketball, Football, Badminton, Track & Field, Soccer, Golf, Wrestling, Curling, Cheerleading,
- **Fitness Center**—available to students at scheduled times. A \$20 membership fee is required.
- **Homework Club**—for students who would like to be tutors.
- **Katepewisipiy**—provides students with outdoor education and a spring canoe trip.
- **Marion Graham Light & Sound**—gives students the opportunity to be involved in audio visual services and other technical aspects of dances, variety night, musicals, and pep rallies.
- **Marion Graham Table-Top Gaming Club**—allows students to learn and play a variety of card and board games at weekly events, as well as special tournaments
- **Math Contests**—students can participate in math contests at their grade level.
- **Music Programs**—students can participate in stage bands, concert bands, jazz band, or choir.
- **Yearbook**—students will be able to be involved in the various activities for production of the school yearbook including reporting, photography, and layout.

MOUNT ROYAL

2220 Rusholme Road, Saskatoon

COLLEGIATE

Ph. (306) 683-7800 Email: MountRoyalSchool@spsd.sk.ca

- **Sports**—Badminton, Basketball, Football, Golf, Curling, Cross Country, JHL Hockey, Wrestling, Volleyball, Soccer, Track & Field
- **Music, Art, Drama**—Art Club, Beading Group, Drama Club, Drumming & Singing Group, Hip Hop Media Club
- **Yearbook**
- **Student Representative Council**
- **Games**—Magic the Gathering, Games Club, Chess Club, Dungeons and Dragons
- **Intramurals**—Aerobics, Yoga, Zumba, Dodge Ball, Floor Hockey, Weight Training

- **Other**—Book Club, Cooking Club, WE Day and Human Rights Club (Anti-Racism and Cross Cultural Training), Gay and Straight Alliance, Summer Math Camp, Voyageurs
- **Mustang Fitness Club**—students who pay the annual \$20 membership will have access to the fitness club before and after school and during lunchtime.

TOMMY DOUGLAS COLLEGIATE

130 Bowlt Crescent, Saskatoon

Ph. (306) 683-7910 Email: TommyDouglasSchool@spsd.sk.ca

- **Sports**—Volleyball, Football, Cross Country, Cheerleading, Pom Squad, Basketball, Curling, Wrestling, Soccer, Golf
- **Intramurals**—Badminton, Dodge Ball, Floor Hockey, Indoor Frisbee, Flag Football and Yoga.
- **Performing Arts**—Pit Band, Jazz Band, Dance, Drumline, School Choir, Drama, Musical Productions, Competitive Improv Team, Play Writing Club
- **Visual Arts**—Mural Team (large designs and set painting for musicals), Audio Video Club, Art Club (includes workshops from artists in the community), Senior Art Show
- **Student Representative Council**
- **Other**—Chess Club, Math Contest, Eco Club, Photography/Camera Club, Diversity/Multicultural Club, Yearbook, School Newspaper
- **Tiger Pride**—weekly meetings for students who want to support LGBTQIA2 individuals.

WALTER MURRAY COLLEGIATE

1905 Preston Avenue, Saskatoon

Ph. (306) 683-7850 Email: WalterMurraySchool@spsd.sk.ca

- **Sports**—Basketball, Volleyball, Badminton, Curling, Football, Cross Country, Golf, Jump Start Hockey, Pom/Dance Team, Soccer, Track & Field, Wrestling,
- **Other**—Outdoor Education, Peer Leaders, Robotics, String Ensemble, Tech Club, Youth Action

ÉCOLE CANADIENNE- FRANÇAISE

Pavillon Gustave-Dubois
2320 Louise Avenue, Saskatoon
Ph. (306) 955-3983 Email: ecf.pgd@cefsk.ca

- **Sports**—Volleyball, Basketball, Badminton, Curling, Distance Running, Golf, Football

REGINA PUBLIC SCHOOL EXTRACURRICULAR ACTIVITIES

CAMPBELL COLLEGIATE

102 Massey Road, Regina
Ph. (306) 523-3250 Email: campbellcollegiate@rbe.sk.ca

- **Sports**—Badminton, Basketball, Curling, Cross Country, Football, Golf, Hockey, Soccer, Track & Field, Volleyball, Wrestling, Cricket Club, Cycling Club
- **Art, Music, Drama, Language**—Art Club, Dance, Improv, Knitting Club, One Act Plays, Spirit Dancers/Sunshine Cheer Dance, Yes You Can Theatre, Spanish Club
- **Math, Science, Games**—Computer Club, Math Contests, Chess Club
- **Other**—Creative Writing, Best Buddies, Campbell Reconciliation, Local Initiative, Me to We, Outdoor Club, Peer Support, Queer Straight Alliance, Social Justice, Yoga/Pilates

WINSTON KNOLL COLLEGIATE

5255 Rochdale Blvd, Regina
Ph. (306) 523-3400 Email: winstonknollcollegiate@rbe.sk.ca

- **Sports**—Cross Country, Football, Soccer, Volleyball, Cheer and Dance, Basketball, Curling, Hockey, Wrestling, Handball, Badminton, Flag Football, Golf, Track & Field, Ultimate Frisbee
- **Art, Music, Drama, Languages**—Choir, Vocal Jazz, Improv, Musical Production (Choreography, Set, Makeup, Costumes, Technical), One Act Plays, ASL Club, International Languages and Friendship Club

- **Other**—AV Productions, Best Buddies, D4 Club, WKC Pride, Knollastic, Mock Trial, Outdoor Club, Skills Canada, Ski/Snowboard Club, Video Game Club, Student Representative Council, Yearbook

SHELDON WILLIAMS COLLEGIATE

2601 Coronation Street, Regina

Ph. (306) 523-3550 Email:

- **Sports**—Volleyball, Soccer, Cross Country, Golf, Track & Field, Football, Ultimate Frisbee, Flag Football, Badminton, Handball, Hockey, Wrestling, Basketball, Curling
- **D4**—weekly meetings that allow students from all backgrounds to come together for food, fun, friendship, and faith discussions.
- **Yearbook**
- **Archery Club**—meets for an hour every morning in the gym.
- **Page Turner's**—Reading/Book Club, allows students to discuss the book that all students choose by vote.
- **Tabletop and Role-Playing Gaming Club**—for students who want to learn to play Magic the Gathering, Yu-Gi-Oh or Pokemon card games, Dungeons and Dragons, or Pathfinder.
- **Cosplay Club**—for students who would like to learn skills of costume and prop design.
- **Outdoors Club**
- **Improv**—gives students the opportunity to practice improve skills and compete at the Canadian Improv Games.
- **Pride**—provides students with a supportive community that learns about and advocates for LGBTQIA2 people.
- **Coding/Robotics**—gives students the opportunity to learn about computer programming, and how to make websites or games.

THOM COLLEGIATE

265 Argyle Street N, Regina

Ph. (306) 523-3600 Email: thomcollegiate@rbe.sk.ca

- **Sports**—Badminton, Baseball, Basketball, Cheer Team, Cross Country, Curling, Football, Golf, Rugby, Soccer, Track & Field, Volleyball, Wrestling

- **Art, Drama**—Sound Crew, Lighting Club, Photo Club, Drama, Art Club
- **Other**—Outdoor Ed, Peer Support, Queer Straight Alliance, Robotics, Construction Club, Computer Science Club, Yearbook, Student Representative Council

ÉCOLE MONSEIGNEUR DE LAVAL

Pavillon Secondaire des Quatre-Vents

1440 9th Avenue N, Regina

Ph. (306) 775-1970 Email: laval.psqv@cefsk.ca

- **Sports**—Volleyball, Soccer, Cross Country, Kin-ball, Badminton, Archery, Basketball, Soccer, Hockey, Golf
- **Culture**—Science fair, Troupe Theater troupe, Youth Parliament, Travel to Quebec, Cultural Tips, Music, Volleyball Omnium, Inter-CÉF

SASKATOON PUBLIC SCHOOL UNIQUE PROGRAMS

SKILLED TRADES OF CONSTRUCTION

WALTER MURRAY COLLEGIATE

1905 Preston Avenue S, Saskatoon

Ph. (306) 683-7850 Email: WalterMurraySchool@spsd.sk.ca

<https://www.spsd.sk.ca/school/waltermurray/ProgramsServices/stoc/Pages/default.aspx#/=>

This program is open to all Grade 11 and 12 students and is offered in the afternoons during the second semester. Students can attend morning classes at their home school. This program gives students the opportunity to learn about seven different construction sub-trades and earn credits in Practical and Applied Arts 30A and 30B. Students are supplied with hard hats and safety glasses but must provide their own steel-toed boots. There is a registration fee of \$75.

CARPENTRY APPRENTICESHIP PROGRAM

MOUNT ROYAL COLLEGIATE

2220 Rusholme Road, Saskatoon

Ph. (306) 683-7800 Email: MountRoyalSchool@spsd.sk.ca

<https://www.spsd.sk.ca/school/mountroyal/programs/HCAP/Pages/default.aspx#/=>

This program is open to all Grade 11 and 12 students, and gives students the opportunity to learn about residential construction while building a home. Students earn 6 credits through this program, and up to 640 hours towards their apprenticeship. All necessary equipment is provided, except for safety boots.

PRE-ENGINEERING

BEDFORD ROAD COLLEGIATE

722 Bedford Road, Saskatoon

Ph. (306) 683-7650 Email: BedfordRoadSchool@spsd.sk.ca

<https://www.spsd.sk.ca/school/bedfordroad/ProgramsServices/preengineering/Pages/default.aspx#/=>

This program provides students with the opportunity to learn technical skills in areas such as computer assisted design, robotics, 3-D printing, and electrical systems.

LAND BASED EDUCATION

BEDFORD ROAD COLLEGIATE

722 Bedford Road, Saskatoon

Ph. (306) 683-7650 Email: BedfordRoadSchool@spsd.sk.ca

[https://www.spsd.sk.ca/school/bedfordroad/ProgramsServices/Pages/landbased.aspx#/=](https://www.spsd.sk.ca/school/bedfordroad/ProgramsServices/Pages/landbased.aspx#/)

This program is for Grade 9 students who love being outdoors and could include activities such as canoeing, walking, bike trips and field trips. Students will have the opportunity to earn credits in Physical Education, Social Studies, English, Health and Career Education.

OFF THE GRID

TOMMY DOUGLAS COLLEGIATE

130 Bowlt Crescent, Saskatoon

Ph. (306) 683-7910 Email: TommyDouglasSchool@spsd.sk.ca

[https://www.spsd.sk.ca/school/tommydouglas/ProgramsServices/offthegrid/Pages/default.aspx#/=](https://www.spsd.sk.ca/school/tommydouglas/ProgramsServices/offthegrid/Pages/default.aspx#/)

This program is for Grade 9 students who are interested in climate change, social justice, and sustainable living. Students will be given the opportunity to learn about things such as renewable resources and energy, plant and soil science, traditional knowledge, and environmental policy. Students will earn credits in Social Studies 9, Science 9, English Language Arts 9A, and Arts 9. This program requires students to have access to a bicycle, and outdoor wear for all seasons.

OUTDOOR SCHOOL

WALTER MURRAY COLLEGIATE

1905 Preston Avenue, Saskatoon

Ph. (306) 683-7850 Email: WalterMurraySchool@spsd.sk.ca

[https://www.spsd.sk.ca/school/waltermurray/ProgramsServices/outdoorschool/application/Pages/default.aspx#/=](https://www.spsd.sk.ca/school/waltermurray/ProgramsServices/outdoorschool/application/Pages/default.aspx#/)

This program is available to any Grade 11 student attending a Saskatoon Public School who has completed Science 10 and English 10. Students will earn credits in English Language Arts 20, Environmental Science 20, Geography 20, Physical Education 20, and Earth Sciences 30. This program provides students with an outdoor adventure through activities such as canoeing, skiing, wall-climbing, and hiking. Students will be advised on what equipment they will need in the first week of the program. If access to equipment is an issue, gear may be lent out or purchased through the Alumni Fund.

MEDIA SCHOOL

EVAN HARDY COLLEGIATE

605 Acadia Drive, Saskatoon

Ph. (306) 683-7700 Email: EvanHardySchool@spsd.sk.ca

<https://www.spsd.sk.ca/school/evanhardy/ProgramsServices/mediaschool/Pages/default.aspx#/=>

This program is open to Grade 11 students who want to learn about media production. Students will learn skills such as editing, directing, acting, makeup, lighting and sound recording. Professional recording and lighting equipment is provided, and students will earn credits in English 20, Active Living and Fitness Leadership 20, Communication Media 20, and Communication Media 30. There is a registration fee of \$465.50, which covers all costs of the program.

REGINA PUBLIC SCHOOL UNIQUE PROGRAMS

BALFOUR ARTS COLLECTIVE

BALFOUR COLLEGIATE

1245 College Avenue, Regina

Ph. (306) 523-3200 Email: balfourcollegiate@rbe.sk.ca

https://www.reginapublicschools.ca/balfour_arts_collective

This program is open to all Grade 9 students in Regina who have a passion for the arts. Students are given the option to choose from three different areas of focus: dance, drama, or visual arts. In the Grade 12 year, students are given the opportunity to travel to New York, Montreal, or Toronto to take part in workshops. The fee for the program is \$200 per school year.

CAMPBELL MUSIC PROGRAM

CAMPBELL COLLEGIATE

102 Massey Road, Regina

Ph. (306) 523-3250 Email: campbellcollegiate@rbe.sk.ca

<https://info.campa.ca/feel-the-music/info.php>

This program provides students with the opportunity to explore a wide variety of musical opportunities including a string orchestra program, vocal jazz and chamber choirs, jazz band and wind ensemble, musical theatre class and musical instrumental class. Families are given the opportunity to be involved in fundraising events to help offset some costs of the program.

MARTIN COLLEGIATE MUSIC PROGRAM

MARTIN COLLEGIATE

1100 McIntosh Street, Regina

Ph. (306) 523-3450 Email: martincollegiate@rbe.sk.ca

<https://martincollegiate.rbe.sk.ca/martinmusic>

This program is open to all Grade 9-12 students, and gives students the opportunity to take part in concert choir, concert and jazz band, musical theatre, and vocal jazz.

SCOTT POLICE ACADEMY

SCOTT COLLEGIATE

3355 6th Avenue, Regina

Ph. (306) 523-3500 Email: scottcollegiate@rbe.sk.ca

<https://scottcollegiate.rbe.sk.ca/scottacademy>

This program is open to Grade 9 and 10 students who are interested in law enforcement, and provides students with the opportunity to learn from guest speakers, field trips, community service and involvement, and engage in physical training, certification courses, career development and team building activities.

SHELDON WILLIAMS AREA MUSIC PROGRAM

SHELDON WILLIAMS COLLEGIATE

2601 Coronation Street, Regina

Ph. (306) 523-3550 Email: sheldonwilliamscollegiate@rbe.sk.ca

<https://sheldonswamp.blogspot.com/>

This program allows students to pursue a passion for music through courses such as concert band, concert choir, jazz band, and vocal jazz and take part in events such as musicals, winter and spring concerts, band festivals and jazz nights. The registration fee is \$80 per school year.

CAMPUS REGINA PUBLIC

CAMPUS REGINA PUBLIC

1069 14TH Avenue E, Regina

Ph. (306) 523-3300 Email: campusreginapublic@rbe.sk.ca

<https://campusreginapublic.rbe.sk.ca/>

This program is open to all public high school students in Regina, allows students the opportunity to earn two credits in a specific area of interest. Students can choose from courses

such as Early Childhood Education, Auto Mechanics, Cosmetology, Social Justice, Fire Science, Welding, Video Game Design, Television and Radio Production, among many more. Transportation is provided to and from the students' home school.

LEADERSHIP & EMPLOYMENT PROGRAMS

SASKATOON OPEN DOOR SOCIETY

100-129 3rd Avenue North, Saskatoon

Ph. (306) 653-4464 Email: skopendoor@sods.sk.ca

- **Youth Hosting Youth**—a high school matching program that pairs Canadian youth with newcomer youth to share experiences and celebrate culture.
- **Youth Café**—provides newcomer youth with a chance to form relationships and lead activities and conversations during lunch hours or after school hours.
- **Youth Employment Connections**—newcomer youth are connected with employers who are understanding of their needs
- **Voice of Youth Leadership Summit**—one-day summit to bring newcomer, Canadian and Indigenous youth and community leaders together to discuss issues affecting youth.
- **Peer Leader Training**—program that trains well-established newcomer students to support new students and their families through school orientation.
- **Youth Leadership Initiative**—youth come together in this mentorship program to address two significant concerns that were raised at the Voices of Youth Summit

SASKATCHEWAN INTERCULTURAL ASSOCIATION

601 B 1st Avenue North, Saskatoon

Ph. (306) 978-1818

Email: info@saskintercultural.org

<https://saskintercultural.org/youth-programs/>

- **ConnectED Pathways**—free program for immigrant and refugee youth ages 6-18. Some of the things the program focuses on include community engagement, leadership, career exploration, homework support and English language enhancement.

SASKATOON COMMUNITY YOUTH ARTS PROGRAM

402 33rd Street West, Saskatoon

Ph. (306) 652-7760 Email: scyap@scyapinc.com

<https://scyapinc.org/>

- **Employment and academic support**—free one-on-one assistance with searching for employment, career planning, resume writing, interview preparation, and academic tutoring, as well as access to computers and printers.

SASKATOON CORE NEIGHBORHOOD YOUTH CO-OP

905 20th Street West, Saskatoon

Ph. (306) 665-3889

<https://cnyc.ca/>

- **Woodshop/Carpentry**—this full-service woodshop allows youth to attend workshops and work with the Woodshop Coordinator who provides mentorship, safety training and guidance, as youth complete projects of their choosing.

REGINA OPEN DOOR SOCIETY

2314 11th Avenue, Regina

Ph. (306) 352-3500 Email: youthprogram@rods.sk.ca

<https://rods.sk.ca/pages/youth-program>

- **Youth Leadership Program**—a free 8 week public speaking and leadership workshop for newcomer youth ages 13-21, which provides participants with the opportunity to gain

training in writing speeches, building vocabulary, and public speaking. Participants will receive a certification upon completion of the program.

- **Young Leaders Academy**—a 10 week program for newcomer youth ages 13-21 that provides participants with mentorship and teaches leadership qualities and values, communication skills, and social awareness. Participants will also be given the opportunity to volunteer and visit community organizations, and receive a certificate after completing the program
- **Job Readiness Program**—a program that assists youth ages 16-24 who have Permanent Status, with searching for employment, creating a resume, communication skills and interview preparation. Youth will also be able to meet employers at a job fair at the end of the program.

REGINA IMMIGRANT WOMEN CENTRE

1801 Toronto Street, Regina

Ph. (306) 359-6514 Email: info@reginaiwc.ca

<https://www.reginaiwc.ca/programs-and-services/educate/syaiy-program/>

- **Youth Employment and Skills Strategy to Advance Immigrant Youth (YES-STAIY)**—a 22 week program for youth ages 15-30 that provides 20 weeks in a work placement and 2 weeks in class. The work placement provides youth with experience in the Canadian workforce, and with the goal of creating future employment or educational opportunities. Participants also earn minimum wage for the duration of the program.

REGINA CATHOLIC FAMILY SERVICES

160 McIntosh Street, Regina

Ph. (306) 525-0521 Email: cfsregina@cfsregina.ca

<https://cfsregina.ca/newcomers/#careers>

- **Youth Link Program**— this program assists high school students with preparing for employment and assists youth who are not in high school with career counselling, and job coaching. For youth aged 15-25.

REGINA PUBLIC SCHOOLS

1600 4th Avenue, Regina

Ph. (306) 523-3000 Email: info@rbe.sk.ca

<https://www.reginapublicschools.ca/act>

- **ACT! (Anti-racism and Cross-cultural Training)**—youth leadership program available for Grade 6-12 students. Participants work together to promote respectful communities and equality for all students, and have the opportunity to attend the ACT! high school training retreat. This retreat allows participants to discuss issues of racism, gender identity, reconciliation, culture, and bullying.

COMMUNITY PROGRAMS AND ACTIVITIES

ADELAIDE CHURCHILL COMMUNITY ASSOC.

Email: adelaideparkchurchill@gmail.com

<http://www.adelaidechurchill.ca/>

- **Volleyball**—weekly volleyball for ages 12+ beginning in October. Fee: \$20, plus \$15 annual membership to the Adelaide Park Churchill Community Association.
- Weekly volleyball for ages 12+ beginning in October. Fee: \$20, plus \$15 annual membership to the Adelaide Park Churchill Community Association.

SASKATOON ULTIMATE DISC-SPORT SOCIETY

Email: info@saskatoonultimate.org

<https://saskatoonultimate.org/>

- **Ultimate Frisbee**—free drop-in for beginners aged 12-17 at James Anderson Field.

MEADOWGREEN COMMUNITY ASSOC.

Email: CRGMCA@Saskatoon.ca

<https://www.crgmeadowgreen.com/>

- **Floor Hockey League**—free for ages 12+ at the WP Bate Community School Gym in Saskatoon. Runs from September until December.

SASKATOON CORE NEIGHBORHOOD YOUTH CO-OP

905 20th Street West, Saskatoon

Ph. (306) 665-3889

<https://cnyc.ca/programming/word-on-the-street/>

- **Word on the Street**—a digital storytelling program that allows youth to express themselves through digital art, gain connections to art organizations and community resources. Participants are given the chance to explore their creativity in photography, documentary, music production and spoken word poetry and hear from local artists and activists.

SASKATOON COMMUNITY YOUTH ARTS PROGRAM

402 33rd Street West, Saskatoon

Ph. (306) 652-7760 Email:

<https://scyapinc.org/>

- **Free art drop-in**—open to all ages every Tuesday and Thursday from 3:00pm to 6:00pm. Staff are available to provide feedback and ideas during drop-ins, and supplies are provided.

PRINCE ALBERT COUNCIL FOR THE ARTS

1010 Central Ave, Prince Albert

Ph. (306) 953-4811

<https://www.princealbertarts.com/open-art-studio.html>

- **Open Art Studio**—free weekly program for ages 8-16. An art instructor is on site to help youth try different projects and art mediums.



SWIS Coordination

Maryam.karimi@saisia.ca